

# FORM 1.1: HOME VISIT JOB AID FOR CHWS FOR CHILDREN 0-5 MONTHS OF AGE NEGOTIATING FOR BEHAVIOUR CHANGE

Ask for name and age of child

## HEALTH OF THE CHILD

- Ask the mother: how the child is doing?  
(*show interest in the child*):
  - Sick or apathetic?
  - Restless or crying?

## ASK, LISTEN, AND OBSERVE:

### Child development

- Does the caregiver sometimes engage the child by:
  - Talking to child/imitating child's sounds?
  - Singing to child?
  - Playing with child?
  - Showing objects, encouraging child to pick up objects and organize them?
  - Imitating child's physical actions  
(for example, waving bye-bye)?
  - Smiling?
- Is the father sometimes engaged in any of the above activities?
- Toys or books present? (simple, homemade toys are okay)
- Does the caregiver praise child for talking, playing, crawling, standing, etc.?

## ASK, LISTEN, AND OBSERVE:

### WASH

- Are there animals in the compound? Are they caged?  
Are they close to children?
- Animal or human faeces in compound?
- Infant in dirt (including on a soil floor)—  
even if the compound has been swept?
- Infant seen eating dirt?

## ASK, LISTEN, AND OBSERVE:

### Food for the child

- Is child breastfed? (note challenges with positioning and attachment)
- How frequently is child breastfed?
- Does mother empty one breast before going to the other?
- Is mother having problems breastfeeding?
- What does mother/caregiver do to encourage the child to breastfeed?
- If not breastfeeding exclusively, does mother/caregiver feed baby using a clean cup and spoon?
- Does child appear to be hungry?
- Is child drinking other fluids like water?
  - What? How frequently? How much?
- Is child eating other foods? (for example, porridge)
  - What? How frequently? How much?

## IDENTIFY

Most important difficulties with care of child

## DISCUSS AND RECOMMEND

Small, doable caring action mother can try

## PRACTISE

Mother is given the opportunity to try the new practise within the agreed time. The action is noted on the form for next visit reference.



# FORM 1.2: HOME VISIT JOB AID FOR CHWS FOR CHILDREN 6-11 MONTHS OF AGE NEGOTIATING FOR BEHAVIOUR CHANGE

Ask for name and age of child

## HEALTH OF THE CHILD

- Ask the mother: how the child is doing?  
(*show interest in the child*):
  - Sick or apathetic?
  - Restless or crying?

## ASK, LISTEN, AND OBSERVE:

### Child development

- Does the caregiver sometimes engage the child by:
  - Talking to child/imitating child's sounds?
  - Singing to child?
  - Playing with child?
  - Showing objects, encouraging child to pick up objects and organize them?
  - Imitating child's physical actions (for example, waving bye-bye)?
  - Smiling?
- Is the father sometimes engaged in any of the above activities?
- Toys or books present? (simple, homemade toys are okay)
- Does the caregiver praise child for talking, playing, crawling, standing, etc.?

## ASK, LISTEN, AND OBSERVE:

### WASH

- Are there animals in the compound? Are they caged?  
Are they close to children?
- Animal or human faeces in compound?
- Infant in dirt (including on a soil floor)—  
even if the compound has been swept?
- Infant seen eating dirt?

## ASK, LISTEN, AND OBSERVE:

### Food for the child

- Is child still breastfed?
- Is child drinking other fluids?
- Is child eating other foods? (see list below)
- Does child appear to be hungry?
- Does the child eat any of the following foods? How frequently? How much?
  - Meat: meat, fish (such as *dagaa*), poultry/eggs, organs, milk
  - Legumes: beans, chickpeas
  - Vegetables: maize, cassava, sweet potatoes, pumpkins, avocados; leaves from pumpkin and cassava
  - Fruits: mangoes, papaya, oranges, guava, bananas
  - Staples: (including *ugali*)

## IDENTIFY

Most important difficulties with care of child

## DISCUSS AND RECOMMEND

Small, doable caring action mother can try

## PRACTISE

Mother is given the opportunity to try the new practise within the agreed time. The action is noted on the form for next visit reference.



# FORM 1.3: HOME VISIT JOB AID FOR CHWS FOR CHILDREN 12-23 MONTHS OF AGE NEGOTIATING FOR BEHAVIOUR CHANGE

Ask for name and age of child

## HEALTH OF THE CHILD

- Ask the mother: how the child is doing?  
(*show interest in the child*):
  - Sick or apathetic?
  - Restless or crying?

## ASK, LISTEN, AND OBSERVE:

### Child development

- Does the caregiver sometimes engage the child by:
  - Talking to child/imitating child's sounds?
  - Singing to child?
  - Playing with child?
  - Showing objects, encouraging child to pick up objects and organize them?
  - Imitating child's physical actions (for example, waving bye-bye)?
  - Smiling?
- Is the father sometimes engaged in any of the above activities?
- Toys or books present? (simple, homemade toys are okay)
- Does the caregiver praise child for talking, playing, crawling, standing, etc.?

## ASK, LISTEN, AND OBSERVE:

### WASH

- Are there animals in the compound? Are they caged?  
Are they close to children?
- Animal or human faeces in compound?
- Infant in dirt (including on a soil floor)—  
even if the compound has been swept?
- Infant seen eating dirt?

## ASK, LISTEN, AND OBSERVE:

### Food for the child

- Is child still breastfed?
- Is child drinking other fluids?
- Is child eating other foods? (see list below)
- Does child appear to be hungry?
- Does the child eat any of the following foods? How frequently? How much?
  - Meat: meat, fish (such as *dagaa*), poultry/eggs, organs, milk
  - Legumes: beans, chickpeas
  - Vegetables: maize, cassava, sweet potatoes, pumpkins, avocados; leaves from pumpkin and cassava
  - Fruits: mangoes, papaya, oranges, guava, bananas
  - Staples: (including *ugali*)

## IDENTIFY

Most important difficulties with care of child

## DISCUSS AND RECOMMEND

Small, doable caring action mother can try

## PRACTISE

Mother is given the opportunity to try the new practise within the agreed time. The action is noted on the form for next visit reference.



# FORM 1.4: HOME VISIT JOB AID FOR CHWS FOR MATERNAL HEALTH NEGOTIATING FOR BEHAVIOUR CHANGE

## Name and age of mother

### HEALTH OF THE CHILD

- Ask the mother: how are you yourself doing?  
(show genuine interest in mother)

### ASK, LISTEN, AND OBSERVE:

#### Care seeking

- Ask the mother: Are you pregnant or recently delivered?
- Do you go for antenatal/postnatal care?
  - Where?
  - How often?

### ASK, LISTEN, AND OBSERVE:

#### Gender

- Who:
  - Farms?
  - Fetches water and wood?
  - Cooks?
  - Cleans?
  - Stimulates children?  
(Check for roles men play)
- Do you work outside the household?
- Who helps you with your workload?
- Who makes decisions about the food and health care you and your children receive?
- Which livestock and crops do you own/control?

### ASK, LISTEN, AND OBSERVE:

#### WASH

##### Sanitation

- Does the household have a toilet or pit latrine?
- Do household members use it?

##### Water

- Challenges faced accessing and using drinking water
- Source of drinking water (Is it safe?)
- Do you boil drinking water for family use?

##### Hand washing

- Soap and water located where family members will use them? (near latrine, house, or inside kitchen?)
- Is the place for soap and water clean? Inviting?
- Observe where hands are washed

#### Hands washed with soap and safe water:

- Before preparing food?
- Before feeding child?
- After defaecation?
- After cleaning child's bottom?
- After handling human or animal faeces?

### ASK, LISTEN, AND OBSERVE:

#### Food for the mother

- What foods do you eat? How frequently? How much?
  - Meat: meat, fish (such as dagaa), poultry/eggs, organs, milk
  - Legumes: groundnuts, beans, chickpeas
  - Vegetables: maize, cassava, sweet potatoes, pumpkins, avocados, leaves from pumpkin and cassava, amaranth, pumpkin
  - Fruits: mangoes, papaya, oranges, guava, bananas
  - Staples: (including ugali)
- How many meals does a mother eat in a day?
- Do you get extra meals or extra food?
- Do you take iron folate tablet obtained from health facility or bought?
- Have you received vitamin A capsule within 6 weeks of delivery?

### IDENTIFY

Most important difficulties with mother's own well-being

### DISCUSS AND RECOMMEND

Small, doable action mother agrees to improve her health

### PRACTISE

Mother is given the opportunity to try the new practise for herself within the agreed time. The action is noted on the form for next visit reference.

