FORM 1.1: HOME VISIT JOB AID FOR CHWS FOR CHILDREN 0-5 MONTHS OF AGE NEGOTIATING FOR BEHAVIOUR CHANGE

Ask for name and age of child

HEALTH OF THE CHILD
- Ask the mother: how the child is doing? (show interest in the child):
  - Sick or apathetic?
  - Restless or crying?

ASK, LISTEN, AND OBSERVE:
Child development
- Does the caregiver sometimes engage the child by:
  - Talking to child/imitating child’s sounds?
  - Singing to child?
  - Playing with child?
  - Showing objects, encouraging child to pick up objects and organize them?
  - Imitating child’s physical actions (for example, waving bye-bye)?
  - Smiling?
- Is the father sometimes engaged in any of the above activities?
- Toys or books present? (simple, homemade toys are okay)
- Does the caregiver praise child for talking, playing, crawling, standing, etc.?

ASK, LISTEN, AND OBSERVE:
WASH
- Are there animals in the compound? Are they caged? Are they close to children?
- Animal or human faeces in compound?
- Infant in dirt (including on a soil floor)—even if the compound has been swept?
- Infant seen eating dirt?

ASK, LISTEN, AND OBSERVE:
Food for the child
- Is child breastfed? (note challenges with positioning and attachment)
- How frequently is child breastfed?
- Does mother empty one breast before going to the other?
- Is mother having problems breastfeeding?
- What does mother/caregiver do to encourage the child to breastfeed?
- If not breastfeeding exclusively, does mother/caregiver feed baby using a clean cup and spoon?
- Does child appear to be hungry?
- Is child drinking other fluids like water?
  - What? How frequently? How much?
- Is child eating other foods? (for example, porridge)
  - What? How frequently? How much?

IDENTIFY
Most important difficulties with care of child

DISCUSS AND RECOMMEND
Small, doable caring action mother can try

PRACTISE
Mother is given the opportunity to try the new practise within the agreed time. The action is noted on the form for next visit reference.
Ask for name and age of child

HEALTH OF THE CHILD

- Ask the mother: how the child is doing? (show interest in the child):
  - Sick or apathetic?
  - Restless or crying?

ASK, LISTEN, AND OBSERVE:
Child development

- Does the caregiver sometimes engage the child by:
  - Talking to child/imitating child’s sounds?
  - Singing to child?
  - Playing with child?
  - Showing objects, encouraging child to pick up objects and organize them?
  - Imitating child’s physical actions (for example, waving bye-bye)?
  - Smiling?
- Is the father sometimes engaged in any of the above activities?
- Toys or books present? (simple, homemade toys are okay)
- Does the caregiver praise child for talking, playing, crawling, standing, etc.?

ASK, LISTEN, AND OBSERVE:
WASH

- Are there animals in the compound? Are they caged?
  - Are they close to children?
- Animal or human faeces in compound?
- Infant in dirt (including on a soil floor)—even if the compound has been swept?
- Infant seen eating dirt?

ASK, LISTEN, AND OBSERVE:
Food for the child

- Is child still breastfed?
- Is child drinking other fluids?
- Is child eating other foods? (see list below)
- Does child appear to be hungry?
- Does the child eat any of the following foods? How frequently? How much?
  - Meat: meat, fish (such as dagaa), poultry/eggs, organs, milk
  - Legumes: beans, chickpeas
  - Vegetables: maize, cassava, sweet potatoes, pumpkins, avocados; leaves from pumpkin and cassava
  - Fruits: mangoes, papaya, oranges, guava, bananas
  - Staples: (including ugali)

IDENTIFY
Most important difficulties with care of child

DISCUSS AND RECOMMEND
Small, doable caring action mother can try

PRACTISE
Mother is given the opportunity to try the new practise within the agreed time. The action is noted on the form for next visit reference.
Ask for name and age of child

HEALTH OF THE CHILD
- Ask the mother: how the child is doing?
  (show interest in the child): 
  • Sick or apathetic?  
  • Restless or crying?

ASK, LISTEN, AND OBSERVE:
Child development
- Does the caregiver sometimes engage the child by:
  • Talking to child/imitating child’s sounds?  
  • Singing to child?  
  • Playing with child?  
  • Showing objects, encouraging child to pick up objects and organize them?  
  • Imitating child’s physical actions (for example, waving bye-bye)?  
  • Smiling?  
- Is the father sometimes engaged in any of the above activities?  
- Toys or books present? (simple, homemade toys are okay)
- Does the caregiver praise child for talking, playing, crawling, standing, etc.?

ASK, LISTEN, AND OBSERVE:
WASH
- Are there animals in the compound? Are they caged? 
  Are they close to children?  
- Animal or human faeces in compound?  
- Infant in dirt (including on a soil floor)—even if the compound has been swept?  
- Infant seen eating dirt?

ASK, LISTEN, AND OBSERVE:
Food for the child
- Is child still breastfed?  
- Is child drinking other fluids?  
- Is child eating other foods? (see list below)
- Does child appear to be hungry?  
- Does the child eat any of the following foods? How frequently? How much?  
  • Meat: meat, fish (such as dagaa), poultry/eggs, organs, milk  
  • Legumes: beans, chickpeas  
  • Vegetables: maize, cassava, sweet potatoes, pumpkins, avocados; leaves from pumpkin and cassava  
  • Fruits: mangoes, papaya, oranges, guava, bananas  
  • Staples: (including ugali)

IDENTIFY
Most important difficulties with care of child

DISCUSS AND RECOMMEND
Small, doable caring action mother can try

PRACTISE
Mother is given the opportunity to try the new practice within the agreed time. The action is noted on the form for next visit reference.
FORM 1.4: HOME VISIT JOB AID FOR CHWS FOR MATERNAL HEALTH NEGOTIATING FOR BEHAVIOUR CHANGE

Name and age of mother

HEALTH OF THE CHILD
- Ask the mother: how are you yourself doing? (show genuine interest in mother)

ASK, LISTEN, AND OBSERVE:
Care seeking
- Ask the mother: Are you pregnant or recently delivered?
- Do you go for antenatal/postnatal care?
  - Where?
  - How often?

ASK, LISTEN, AND OBSERVE:
Gender
- Who:
  - Farms?
  -Fetches water and wood?
  -Cooks?
  -Cleans?
  -Stimulates children? (Check for roles men play)
- Do you work outside the household?
- Who helps you with your workload?
- Who makes decisions about the food and health care you and your children receive?
- Which livestock and crops do you own/control?

ASK, LISTEN, AND OBSERVE:
WASH
Sanitation
- Does the household have a toilet or pit latrine?
- Do household members use it?

Water
- Challenges faced accessing and using drinking water
- Source of drinking water (Is it safe?)
- Do you boil drinking water for family use?

Hand washing
- Soap and water located where family members will use them? (near latrine, house, or inside kitchen?)
- Is the place for soap and water clean? Inviting?
- Observe where hands are washed

Hands washed with soap and safe water:
- Before preparing food?
- Before feeding child?
- After defaecation?
- After cleaning child’s bottom?
- After handling human or animal faeces?

ASK, LISTEN, AND OBSERVE:
Food for the mother
- What foods do you eat? How frequently? How much?
  - Meat: meat, fish (such as dagaa), poultry/eggs, organs, milk
  - Legumes: groundnuts, beans, chickpeas
  - Vegetables: maize, cassava, sweet potatoes, pumpkins, avocados, leaves from pumpkin and cassava, amaranth, pumpkin
  - Fruits: mangoes, papaya, oranges, guava, bananas
  - Staples: (including ugali)
- How many meals does a mother eat in a day?
- Do you get extra meals or extra food?
- Do you take iron folate tablet obtained from health facility or bought?
- Have you received vitamin A capsule within 6 weeks of delivery?

IDENTIFY
Most important difficulties with mother’s own well-being

DISCUSS AND RECOMMEND
Small, doable action mother agrees to improve her health

PRACTISE
Mother is given the opportunity to try the new practise for herself within the agreed time. The action is noted on the form for next visit reference.