

OVERVIEW OF MTOTO MWEREVU STUNTING REDUCTION TOOLKIT

PURPOSE

The Mtoto Mwerevu Stunting Reduction Toolkit is a resource for government and organisations involved in addressing stunting and broader nutrition issues in Tanzania. Its goal is to provide government, donors, non-governmental organisations, and civil society organisations (CSOs) with programming recommendations and tools to help implement successful multi-sectoral social and behaviour change (SBC) interventions aimed at preventing and reducing stunting.

Working with the Government of Tanzania (GoT), the DFID-funded ASTUTE stunting reduction programme developed the toolkit. The ASTUTE programme, implemented by IMA World Health, began in 2016 and works in five Lake regions of Tanzania: Mwanza, Shinyanga, Geita, Kigoma, and Kagera. During the programme, IMA has worked closely with government and project partners to develop several new tools (including checklists, guidelines, job aids, etc.) to address stunting for use by community volunteers, CSOs, and government at all levels.

Through the toolkit, you will learn about tools and approaches ASTUTE used to improve nutrition in the Lake zone of Tanzania. It may also help other regions identify and scale-up successful SBC and multi-sectoral nutrition interventions. All pieces of the toolkit align with the GoT National Multisectoral Nutrition Action Plan.

CONTENTS

The toolkit has a mixture of new and existing materials generated by the project, including:

- **Programme learning and implementation suggestions** around how to strengthen capacity of communities and government in managing nutrition interventions (at community, district, regional level); monitoring and evaluating nutrition programmes; strengthening capacity of nutrition programme implementers, including in relation to Water, Sanitation, and Hygiene (WASH); early childhood development; gender equity and their implications for stunting reduction; and nutrition advocacy in a multi-sectoral environment.
- **Stunting reduction programme tools**, including training manuals, job aids, data collection forms and tools at district and community level, programme guidance, and checklists for implementers at various levels (national, regional, district, community).
- A collection of programme **stunting operations research** and recommendations for Tanzania nutrition SBC programme implementers.
- A collection of **radio and TV spots** with engaging and evidence-based messages that government and implementers may consider using or broadcasting.

